

THE CHALICE

UNITARIAN UNIVERSALIST FELLOWSHIP
OF THE RAPPAHANNOCK (UUFV-VA)
P.O. Box 1266
White Stone, VA 22578

October 2009

Fellowship Services

Fellowship services are held each **Sunday** at **10:30 A.M.** at 366 James Wharf Road, White Stone, VA.
All are welcome. Coffee and conversation follow the presentation.

Sunday Programs

October 4 – Rev. David Tetrault : “The Book of Genesis Revisited: Why Creation is Always Important”

We know the laws of entropy are meant to bring systems to closure. But there is always dynamic movement as well. We will examine a story or two from Genesis.

RE Topic: Heather Has Two Mommies

October 11 – Tom Kinney : “Gaia and the Seventh Principle--Energy Part III, Nuclear Debris.”

Our seventh principle charges UU's with responsibility toward our interdependent web of life, our Gaia Earth. Our democracy gives us influence over how we produce the energy we need. Is there new and valuable information now available to help us in meeting that need responsibly?

RE Topic: Leftovers

October 18 – Cliff Schelling: “Homecoming”

Cliff will share client stories that demonstrate how our dreams, patterns and symptoms invite us to discover what matters most in the second half of life, which is to risk being who we really are.

A Potluck Luncheon will follow the Service.

October 25 – Hank Stupi: “Spirituality and Living with Cancer”

Hank will discuss how living with cancer has impacted his spirituality and his outlook on life. What at first appears to be a curse, he contends, can turn out to be a blessing in disguise.

RE Topic: Grandparents With Cancer

President's Corner

In 2002, members of the UUFV met at an overnight retreat and discussed their vision for the Fellowship. Their conclusion, after much discussion, was that our next goal should be a “Home of Our Own,” which became a theme as we worked over the next six years to make it happen. The vision was to build a place where we could do more than meet on Sunday mornings. We wanted a place for many activities, for our congregation and our community, a place for beauty and quiet, a place to decorate inspirationally, a place to refresh our spirits.

UUFRR members, pitched in with funds and labor as we purchased and cleared the land, built our beautiful Rappahannock lighthouse, and occupied it just a year ago.

Our Fellowship is about people, not buildings and grounds, but the building and grounds provide the setting for us to center and enrich ourselves spiritually, to share with newcomers, to invite children to grow and learn, and to provide a presence in the community from which we can reach out to others. Already we have received many favorable comments and acknowledgement from the larger community that has noticed our growing presence, and from some who want to learn more about us.

Building our “Home of Our Own” remains a work in progress. Finishing what we started out to do, and maintaining what we have, requires funding and volunteer labor as we move forward. There is no “building fund” – each project needs its own funding. Near-term projects that members have requested, among others, include:

- Improving the acoustics in our sanctuary
- Installing the lighthouse lantern room on the roof (funded)
- Creating a Memorial Grove to honor our congregants’ loved ones
- Improving access from handicap parking
- Expanding the parking lot
- Providing exterior lighting for the building and parking area
- Creating the labyrinth
- Finishing the nature trail and installing interpretative signs
- Continuing the landscaping around the building

(Some of these have some funding and are underway.)

We need people to help build or fund any of these projects. If one catches your eye, please speak to your Building and Grounds Coordinators: Don Lowrey, Kathleen Brooks, or me. And we welcome all of your ideas to make this “Home of Our Own” a spiritual “Home of Your Own.”

Bob Weekley

Phood and Philosophy

Fran and Cliff Schelling will host this month’s Phood and Philosophy on **Saturday, October 3rd**, at **5:30 p.m.**

All members and friends of UUFRR-VA are welcome for an evening of stimulating food for the body and mind. Please bring a dish or two to share, your favorite drink with some to share, and thoughts you’d like to contribute.

The evening’s topic will be “**A Funny Story.**”

Share with us one of the funniest or silliest things that you have experienced. If nothing funny has ever happened in your life, you can tell a joke.

Please call in advance to let Fran and Cliff know you are coming. We don’t want to be short of chairs!

Save the Dates

October 11: LGBT National Equality March in Washington

October 21-22: Annual UUFR-VA Fall Adult Retreat

October 24: International Day of Climate Action

International Day of Climate Action

The Unitarian Universalist Fellowship of the Peninsula (<http://www.uufp.org/>) in Newport News alerts us to the International Day of Climate Action on October 24. The event is intended to establish the maximum sustainable level of CO2 in the atmosphere. Currently, the atmosphere contains 390 parts per million (ppm) of CO2. Event organizers are advocating for 350 ppm, as exists in the latest draft of the Copenhagen Global Climate Treaty, which will be addressed in December. Activities are planned in Newport News, Washington, DC, and around the world. Take a closer look at <http://www.350.org> for specific venues.

A Contemplative Request

By Your Program Committee

It's clear we are a group that enjoys each other's company. We love to talk to each other. We love to hug each other. We love to be together. How great is that!

But, because we love each other so-o-o much, we have a teensy problem. Some of us prefer to spend a few quiet reflective moments before the service on Sundays, sitting in the Fellowship Hall, listening to quiet music. If the talking and hugging and laughing are carried into the Hall, it can be disruptive to a contemplative mood.

So, let's keep the doors of the Fellowship Hall closed before the service on Sundays, so that those who like to spend some quiet moments may do so. The rest of us can make all the noise we want to in the foyer, before the service begins.

A Haven for Butterflies

by Sue Adriance

Work has begun on the Butterfly Garden thanks to contributions from two of our members. Jim Kenley donated a Gardenia in the spring which is now in the ground. Marge Rowden helped us along with a clump of cone flowers and others plants that are yet to be identified. The garden is on the deck side of the building near Linda Weber's memorial Mimosa tree. We are now hoping for a Butterfly Bush and other donations which will tempt the birds and butterflies. For contributions, please call Bob or me at 435-0345. Many thanks to Jim and Marge.

River Readers

The book discussion group meets on the fourth Monday of each month at 2:30 P.M. at the Lancaster Community Library. Everyone is welcome. Please read the book and join us. The upcoming selections are:

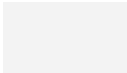
October 26: *The Guernsey Literary and Potato Peel Pie Society* by Mary Ann Shaffer and Annie Barrows

November 23: *The Elegance of the Hedgehog* by Muriel Barberry and Alison Anderson

Please note the change in the previous schedule for September and October. The books were switched to accommodate the reading required for the "Big Book."

The "Big Book" selection is *Bird Without Wings* by Louis de Bernieres. The dinner and discussion will be at Indian Creek Yacht and Country Club at 5:45 p.m., Wednesday, October 28. Sue Haugan will lead the discussion. Please join us for a delightful evening.

If you have a recommendation for a future read, please let Shirley Kinney know. We will be choosing books for the beginning of next year at our September meeting. Call **Elaine Weekley** if you have any questions.



Board of Stewards

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Web Site

<http://www.uufrappahannock.org>

<http://www.uufr-va.org>

Bob Prescott, Webmaster

Newsletter

Deadline for articles: 20th of the month

Bob Prescott, Editor (editor@uufrappahannock.org)

UFR COMMUNITY SERVICE

For several months now, we have been working on a plan towards greater involvement of the Fellowship in service to the communities in which we live. Our Mission Statement includes the words, "to serve the needs of our community". **The need has never been greater.**

On the Northern Neck, Interfaith has many volunteer services. Their Concerned Citizens Committee needs volunteers for emergency home repairs and maintenance. Volunteers with chainsaws and pickups split and deliver firewood. Or, you may want to participate in the delivery of meals to older persons who are unable to prepare their own meals. Bob Duryea says that picking up and delivering furniture is currently the most pressing need. The furniture is most often supplied to victims of fires. This is by no means a complete list of Interfaith's volunteer services. Check it out.

Hands Across Middlesex is looking for groups whose members are willing to do small projects for the elderly and/or disabled. We can choose from a list of projects, decide how much time we will put into the project, and decide how many days or half days we would be willing to work per month. Some of the projects might include power washing the outside of a small house, doing yard work, a small painting job. Or, you might want to volunteer to answer the phone at the Hands Across Middlesex office or deliver food to the hungry. There are so many possibilities.

If you have a little time to give, or a lot, there is an opportunity for you to be involved. We hope that you share our belief that reaching out to those in need will enrich the "soul" of the Fellowship.

1. Are you interested in participating in a Community Service Project? YES NO
2. When would you be available to help? MON TUES WED THURS FRI SAT SUN
3. How often? ½ day a month 1 day a month more often than 1 day per month
4. What kind of work would you prefer to do? _____
5. Do you have a special skill that would be useful in the work that we will be doing?

6. Would you rather: Work alone? Work with one other person? Work with a group?
7. Are you willing to help wherever there is a need or would you prefer to help only in your area?

Comments: _____

Name: _____

Please return this survey as soon as you can to Lorie, Lynn, or Shirley