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What Do You Say When Someone Asks?

(Adapted from The UU Kids Book, Brotman-Marshfield, pp120-123)

Do UUs pray?

We all have our own ideas about prayer.

Most UUs would not pray for special favors from God

...but would hope to feel in touch with the power of goodness in the universe.

Some of us say the kind of prayer that helps us look inside ourselves

...so we can live a better life.

Do UUs believe you go to Heaven or Hell after you die?

We believe that no one can possibly know what happens after we die!

Do UUs believe in Jesus?

We believe he was a great religious teacher.

We try to live by his teachings about how we should treat each other.

I mean, do UUs believe Jesus was God's only son?

Most of us believe he was a human being who felt close to God.

Do UUs believe God created the world in seven days the way it says in the Bible?

No, scientists know today that the world has been here for millions of years...

...and that living things developed gradually.

Do UUs believe the Bible is the Word of God?

No. Most of us think it's a book written long ago by many different people trying to understand God.

Do UUs believe in God?

We can each have our own beliefs about God.

God is a MYSTERY! No one can know about God for sure.

Well, what do UUs believe in anyway?

Our religion is more than just going to church or saying certain words.

The way we live our lives and treat other people is what's important to us!

Do UUs have a creed you're supposed to believe in?

We don't call it a creed.

We have principles that everyone voted on.

We try to live by them.

So...what are some of our principles?

That everyone should be treated fairly and kindly...

That we all should take care of the earth...

And that each of us has a right to our own ideas about God.